

DRAKENSBURG ROCK JUMPER DRJ25



DETAILS		STAGE KM	TOTAL KM	STAGE D+	TOTAL D+	KM TO AID STATION	STAGE TIME	RACE TIME	DAY TIME		2022 FEMALE LEADER		STAGE TIME	RACE TIME	DAY TIME	TIME BARRIERS	DAY & DATE	AID TYPE	ALLOWED SUPPORT	MEDICAL	RETURN BUS	TOILETS
START	SANI GOLF COURSE	0	0	0	0	6.8	-	0	09H00	-	0	09H00	-	0	09H00	START	SAT 27	X				WC
AID	SALT & PEPPER	6.8	6.8	416	416	10	0:54	0:26	09H54	1:03	00:30	10H03	2:00	2:00	11H00				X	X	X	X
AID	SANI VALLEY GATE	10	16.8	306	722	8.2	0:50	1:07	10H44	0:58	01:16	11H01	1:50	3:50	12H50							WC
FINISH	GLENCAIRN FARM	8.2	25	83	805	0	0:32	1:58	11H16	0:38	02:14	11H39	1:10	5:00	14H00							WC
TECHNICAL DATA							MALE LEAD RUNNERS			FEMALE LEAD RUNNERS			BACK RUNNERS			AID KEY: FOOD DRINKS						